

# Community Mental Health Center Case Management



# What is Case Management

- ▶ Case Management consists of services that help gain clients gain access to needed medical, social, educational, and other services
- ▶ It is services provided on behalf of the client
- ▶ Client can be present or not present
- ▶ Client has to qualify for an MRO package through Medicaid
- ▶ Client has to have a CANS score of at least a 2 to qualify Case Management services
- ▶ Has to be documented as an intervention on an active and signed by MD Treatment Plan

# At the Intake

- ▶ Information is gathered from the family or youth (if 18 or older) re: their history and family history to determine the diagnosis
- ▶ A CANS assessment is completed- This assessment is required to determine if the youth qualifies for services based on score and diagnosis
- ▶ A treatment plan is completed

# After the Intake

- ▶ Someone from the team reaches out to the family or youth ( if 18 or older) to schedule the initial case management assessment
- ▶ The assessment can occur in the home, school, or in the community( if the client qualified for the MRO service)
- ▶ The assessment questions cover what the needs and support is needed the home, community resources needs, any collaboration with the school that is needed. An ongoing assessment of the services that are going to be provided by the treatment team occurs as well

# Collaboration with the School

- ▶ Any letters needed to assist with the testing process can be provided (once a release of information has been completed). This letter will include services being provided, diagnosis, and additional information that can help with the process for testing
- ▶ Creating safety plans and or a plan for success
- ▶ Ongoing communication re: progress/ challenges in the instructional setting
- ▶ Meetings with teacher to assess functioning in the classroom and providing information re; techniques that are effective in the classroom
- ▶ Attending IEP or any meeting on behalf of the student

# Collaboration with Other Providers

The team can meet with other providers that provide services as well

- ▶ Collaboration and meetings with DCS
- ▶ Probation
- ▶ WRAP
- ▶ And any other support identified

# Linking to Other Providers/Resources

- ▶ Families/ Youth 18 or older can be linked to resources for the following
  - ▶ Housing
  - ▶ Utilities
  - ▶ Clothing
  - ▶ Food
  - ▶ Legal Services (depending on the CHMC)
  - ▶ furniture
  - ▶ Employment
  - ▶ Mentoring Programs
  - ▶ WRAP
  - ▶ And other community resources

# Collaboration with Providers for Medication Management

- ▶ A request is send for a MSE (Mental Status Exam). This is done with a Psychologist. Can be for medication consultation or second opinion for diagnosis
- ▶ If needed, a weekly staffing of the case as the MD has open staffing times to discuss cases
- ▶ Families can communicate with the nurse if there are concerns. This information is then shared with the MD
- ▶ Information can also be provided to the MD from the school nurses if the release of information is completed
- ▶ With a release of information documentation can be provided to Primary Care Physicians as well



# Questions



*Questions are the path to learning*