



Screening and Assessing for Disruptive Behavior Disorders

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What is considered a DBD?

1. Attention-Deficit/Hyperactivity Disorder (ADHD)
2. Oppositional Defiant Disorder (ODD)
3. Conduct Disorder (CD)
4. Disruptive Mood Dysregulation Disorder (DMDD)



ADHD - Inattention

Must have 6 of the following symptoms for at least 6 months; 5 if 17 years or older:

- Often fails to give close attention to or makes careless mistakes
- Often has difficulty sustaining attention
- Often does not seem to listen when spoken to directly
- Often does not follow through on instructions or fails to finish tasks
- Often has poor organization
- Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort
- Often loses things
- Often is easily distracted
- Is often forgetful of daily activities



ADHD – Hyperactivity and Impulsivity

Patient must have 6 or more symptoms for at least 6 months; 5 if 17 years or older:

- Often fidgets, taps hands or feet, or squirms in seat
- Often has trouble staying seated
- Often runs or climbs in inappropriate situations
- Often is unable to play or engage in tasks quietly
- Often is on the go or acts if driven by a motor
- Often talks excessively
- Often blurts out an answer before a question is completed
- Often has difficulty waiting his/her turn
- Often interrupts or intrudes others



ODD

The patient must display 4 of the following symptoms within the last 6 months with at least one person who is not his/her sibling:

- Often loses temper
- Often is touchy or is easily annoyed
- Is often angry and resentful
- Often argues with adults
- Often deliberately annoys others
- Often blames others for his/her behavior or mistakes
- Often defies or refuses to comply with requests from authority figures or rules
- Has been spiteful or vindictive 2x over the past 6 months



Conduct Disorder

Patient must have 3 or more of the following symptoms over the past 12 months and 1 symptom over the past 6 months:

- Often bullies, threatens, or intimidates others
- Often initiates physical fights
- Has used a weapon that can cause serious physical harm
- Has been physically cruel to people
- Has been physically cruel to animals
- Has stolen when confronting a victim
- Has forced someone into sexual activity
- Fire setting with intent to cause damage
- Deliberately destroyed others' property
- Broken into someone else's house, car, building, etc
- Often lies to obtain goods or favors or to avoid obligations
- Stolen items of nontrivial value without confronting a victim
- Often stays out late at night despite parental prohibitions; begins before age of 13
- Run away from home
- Often truant from school, begins before age 13



DMDD

- Severe recurrent temper outbursts manifested verbally and/or behaviorally that are out of proportion in intensity or duration to the situation or provocation
- Temper outbursts are inconsistent with developmental level
- Outbursts are 3 or more times a week
- Mood between temper outburst is persistently irritable or angry most of the day nearly every day and is observable by others
- Above must be present for 12 months



Free Assessments

- NICHQ Vanderbilt Assessment Scales
 - <https://www.nichq.org/resource/nichq-vanderbilt-assessment-scales>
- Conduct-Hyperactive-Attention-Problems-Oppositional Scale (CHAOS)
 - <http://www.indiana.edu/~drk/PsychTests.html>
- Learning, Executive and Attention Functioning Scale (LEAF)
 - <http://www.indiana.edu/~drk/PsychTests.html>



Assessments to Purchase

- Conners 3rd Edition (Conners 3)
- Child Behavior Checklist (CBCL)
- Behavior Assessment System for Children Third Edition (BASC-3)

